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Halverson's Comeback Trail

Jordan Halverson Road to Recovery Will Not Slow Him Down

By Jake Loftus

Along with winning and losing, one of the common themes in competitive sports is that people get injured. It's a fate that no athlete wants to suffer, but it is nevertheless a cause for concern, especially in the sport of American football. Jordan Halverson (#6), senior linebacker for the Golden Bears knows this all too well. Halverson was one of the team's starting linebackers, starting the first three games, recording 12 tackles in those first three games. Yet, on September 21, 2013 against St. Cloud State, Halverson went down and was lost for the season with a knee injury. "I tore my ACL in the first drive of the third game against St. Cloud," said Halverson. "I knew right away when it happened that it was a very serious injury. Waiting on the full diagnosis I was very nervous, and was hoping that I could return to the field." The ACL, short for anterior cruciate ligament, is a crucial ligament in the knee, and tearing it requires a full reconstructive surgery.

In football, one of the scariest injuries is a knee injury, as it is also one of the most common injuries, as many times players are going for the legs in order to tackle them, the most devastating knee injury being a torn ACL or MCL. In the past, many who would suffer such an injury would be at times forced to retire as they could not come back from the injury. However, thanks to modern surgical advancements, many players who suffer an injury like an ACL tear can be back in action by the start of the next season. A good example of coming back from a torn ACL is Wes Welker of the NFL's Denver Broncos, who tore his ACL in the last game of the 2009 season, and was able to return to the field by the start of the 2010 season. Though coming back from it so late in a season is possible, often the best chance comes

to players who suffer their injury at an earlier point of the season, as they have a better chance to come-back sooner from the injury.

After suffering the injury, Halverson got straight to work on his recovery after surgically repairing his knee. Halverson



commented that the key to recovery was rehabilitation in the surgically repaired knee. "My main focus was rebuilding my strength. It wasn't just rebuilding the strength in my surgical leg, but my whole body. I was focusing a lot on all the muscles around the knees, mainly my hamstrings, my gluts, and my hips. It was a very long process." Halverson went on to point out the progress on his recovery, "I am at full health and playing again on the field. Feeling better than I did before the injury."

Halverson is looking forward to getting back on the field after missing the last eight games of the previous season. "I have a lot of personal goals set for the season such as returning to All-Conference form, and All-American. The team goal is to make history. Do something that has never happened here at Concordia." Needless to say, Halverson's teammates and coaches share his goals, and are glad to have him back.

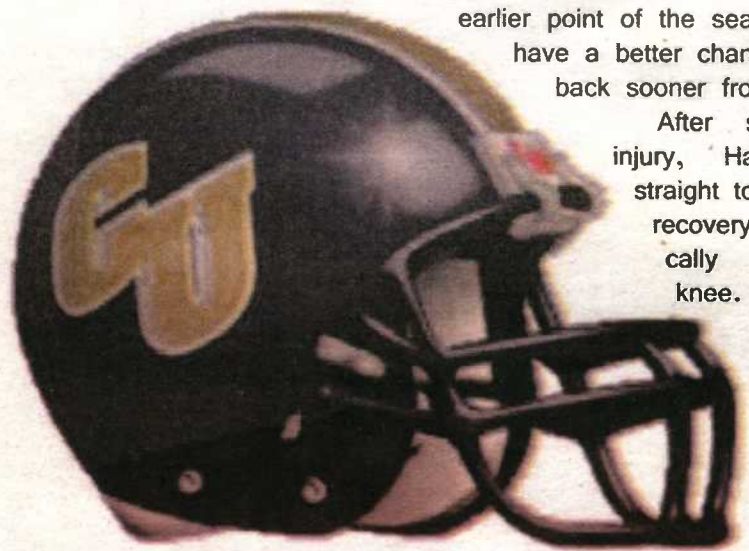


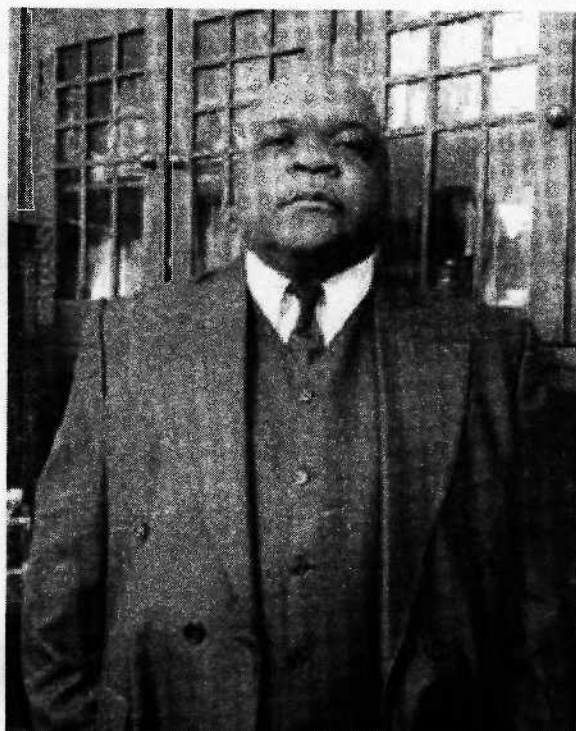
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Dear Concordia faculty, staff, students, and community members,

I would like to start the first issue of the school year by introducing myself to all of you and telling a little about who I am. My name is Charles Hines and I am currently a graduate student in the MBA program. I am a retired Air Force veteran and married with 3 kids. I started going to school at Concordia one month after retirement in May 2011 and graduated with two degrees in December 2013. That is me in a quick outlook and I am more than willing to go deeper if you feel like you want to know more about me. Stop me when you see me on campus and let's talk.

Now that you know a little about me, let's talk about why I am doing this job for this school. I chose to come to Concordia because of the welcome I felt when I came to talk to admission office about the school. The staff was very accommodating and there was a veteran office that answered all my questions about using my benefits. I started at *The Sword* by writing one article for the entire 2012 year, but then I wrote a lot for the 2013 year. I was approached by Eric Dregni and Jay

Weiler to see if I would be interested in this job for the upcoming year and of course I said yes.

Finally, the reason I said everything above was to get too this specific point. I am doing this job for this school because I like everything about Concordia University. From President Ries down to the newest student, I hope to put something in this paper that is interesting to all of you. With that said, please feel free to offer ideas that you think will make a good article and let's see what happens. The Sword is up and running for a new year and I hope to make it the best year yet.

Welcome to a new year Concordia,

Charles Hines
Editor-in-Chief

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Shooting on CSP Campus

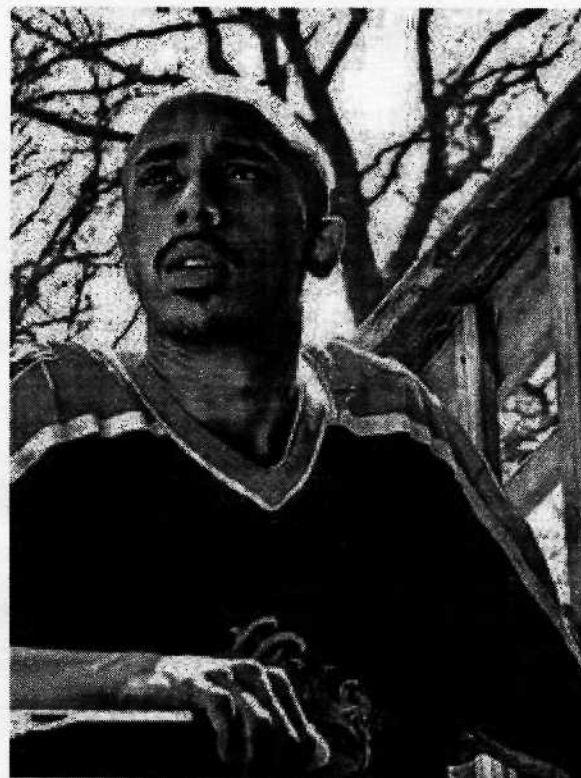
By Aziel Sanchez

At 11 P.M. on August 5th, Jeffery Earl Willingham Sr. (24), was shot on Marshall and Hamline avenues. Willingham was drinking at Dunning Park with his friends in order to take a break from a nearby party, according to one of Willingham's friends, and a man came "yelling at them for no reason" as well as claiming that he had a gun with him. The suspect, who was later identified as Ibrahim Mohammed Abdullahi (26), said to them, "I have a permit and I will shoot you and all your friends," and then began to walk away. Willingham began to walk toward Abdullahi, yelling, "Shoot me, n----!" said one of Willingham's friends. Abdullahi then fired a shot into the air and quickly ran Southward to Marshall Avenue; Almost immediately, Willingham and a friend chased after him. The friend couldn't keep up with the suspect and heard two more shots out in the direction where Willingham and Abdullahi were.

Two Saint Paul officers were on patrol in a squad car and stopped on a stoplight at Marshall Avenue at about 10:54 P.M. when they heard a shot being fired. They searched the area until a second shot was heard and saw a person run across Marshall Avenue to the South. The officers turned the car around and then found Willingham resting horizontally on the Northern side of Marshall Avenue in between Hamline Avenue and Syndicate Street. Willingham had a bullet hole through his stomach and was immediately taken to Regions Hospital where he died in the following morning.

Abdullahi's car was found right next to the crime scene. The car was still warm and police found a gun inside that has bullets similar to the one that killed Willingham. Officers searched Abdullahi's apartment and found the shirt the suspect was wearing all wrapped up in a comforter as well as a few rounds of ammo in the bedroom.

Abdullahi was arrested on the same day as Willingham's death. Abdullahi made his first appearance in court last Friday on August 29th 2014. If Abdullahi gets convicted from his murder charge, he will have to put up with 40 years in jail. (according to CBS local news) Willingham "was an amazing father, friend and brother," said friend Anthony Parker. "All he talked about was his kids and music." Willingham had two small children and another child that is expected to be born.



He grew up in Saint Paul and was also a very skilled rapper, said his family. Willingham's rap name was "Krazie J." He wrote a song called, "When I'm Dead and Gone" and put it on YouTube in January 2012. In the lyrics of the song, he sings, "My enemies are all around." He also sang in the song about how his son was his pride (this was before his daughter was born) and how wanted to teach his son that "real men do cry." The chorus of the song: "When I'm dead and gone please don't cry, lift your head and dry your eyes and know I lived a happy life."

A small memorial can be found next to the Concordia Art Center.

Concordia's Community

By Karina Schlecht

What is it about a place that changes it from a shared space to a community? I see a community as a place where everyone supports one another, a place where needs are communicated and met, a place where people feel valued and accepted no matter their differences, and finally, a place where people enjoy spending time and are not ashamed to say so. While there are some exceptions, I don't necessarily see this happening on or around Concordia's campus. There may be pockets of community within, but Concordia as a whole is not a community so much as a jumble of different classes, clubs, teams, organizations, and programs that happen to congregate on the same plot of ground.

In order to avoid stereotyping people, I'm not going to point out any specific examples, but I will say this: I would love to see some people show up at Science Club events, choir concerts, football games, ResLife events, and Talk About Stuff sessions that don't usually go out of their way to attend these types of things. "It's not my thing," "I don't have any friends going," or "That would be awkward" may seem like legitimate reasons to not go to something, but in reality they are just excuses to stay in your comfort zone with people you already know doing things you have already done before. What is college except a place to try new things, meet new people, and explore uncharted territory? In what other setting would you be able to attend a student-led chapel service, participate in a dodgeball tournament, drink mocktails, and blow things up with chemistry

students in a mile radius except on a small campus like Concordia?

If your excuse is that "it's not your thing," how do you know you won't enjoy it if you've never given it a try? If "you don't have any friends going," drag your friends along with you (what else are friends for except to do things together - no matter how stupid or socially uncomfortable they may seem at first?). If "it would be awkward," then find the confidence to be yourself in an uncomfortable situation - which is a useful skill to have for the rest of your adult life, by the way. Confidence is the best way to combat awkwardness, and discomfort when dealt with, leads to growth; have the confidence to enter an uncomfortable situation. The more we as a campus can encourage each other to do this and support each other's efforts to try new things, the closer we can get to becoming a real community.

However, there is one more very important element that I alluded to in the beginning of this article, and that element is pride. Take some pride in Concordia University - it's your school. Own it, love it, cheer about it, tweet about it, do something other than complain about everything you believe is wrong with this school and look for the good things on campus. This is something we all struggle with, but it's even harder to be positive if you're the only one doing it. So stop the negative Concordia talk and start building up some school spirit and CSP pride. Let's create a campus community worth talking about.

International Students Welcome

By Kat Reynolds

Life has been fully restored to Concordia the past few weeks, featuring new and returning students, faculty, textbooks, and fresh coffee. Upon arrival back on campus it is quite clear that many exciting changes have been made to help ensure the best possible and learning opportunities for CSP students. While browsing through the tunnel, the heart of our campus, many of you may have noticed these visible changes; one in particular is the relocation of our International Students Services Center. Concordia is very proud and excited about its rapidly increasing program for international students, which works with students from all over the world to give them the opportunity to come study, live, and enjoy the Concordia experience. I had the opportunity to sit down and chat with a few International Students with fascinating stories and aspirations for their education and future.

First, I spoke with Saudi Arabia native Abdalaah Alharby, a sophomore here in his third semester at the College of Business and Administration where he is studying Business Management. Abdalaah heard of this educational opportunity through friends who were already enrolled at the University, and wanted to pursue a private education for himself. So far during his experience here at CSP, Abdalaah has most enjoyed meeting new people, the engaging professors, and the small and personal class sizes that CSP pro-

vides. Abdalaah plans to return to Saudi Arabia and find a job upon graduation in spring of 2017. He is also contemplating adding an additional major, and hopes to find a part time job this fall.

Next, I was given the chance to interview Li Zhang Long or "Tony" as he prefers to be called. Tony is originally from China, and just arrived here in St. Paul two short weeks ago. He is now a new freshman here at Concordia living on campus to gain the full experience of the American college experience. Last year, Tony lived with a host family who taught him many things about the American culture, sparking his interest to attend an American institution. When I asked Tony how he made his decision to come to Concordia he replied, "I just Googled it!" In his short time here at CSP Tony said he has a great appreciation for the International Program staff members, and especially enjoys the language courses offered for students in the program. Tony is unsure yet as to what he plans to study, but is confident that Concordia is a great fit for him.

As a university, let's continue to provide a welcoming community for the many international students on our campus. Having these students here makes our campus so much more diverse and cultured, creating an environment with all kinds of perspectives. All of these students have such incredible stories and experiences to share, and strive to better themselves through education and learning for the future.

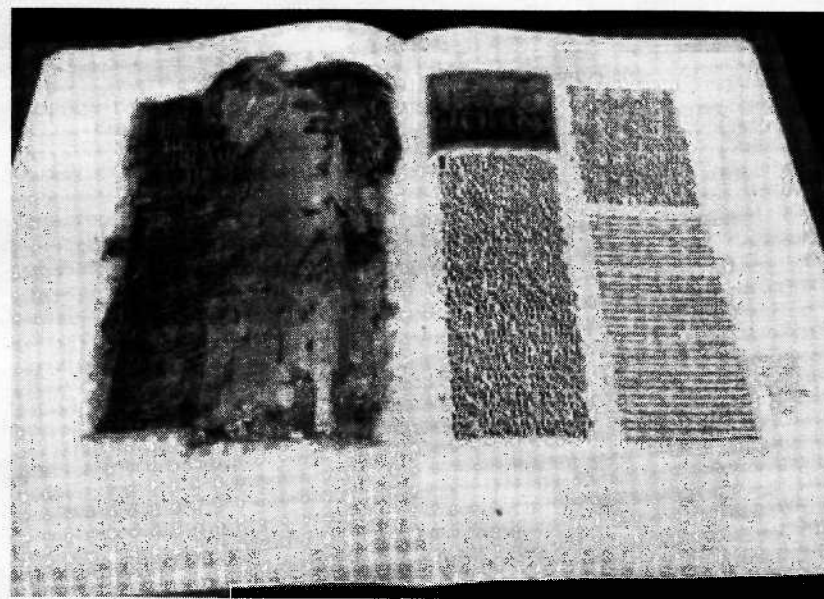
Saint John's Bible Display

By Katrina Bell

You might not have heard, but there is a new book in the library! That might not seem like anything extraordinary, but this is not just your ordinary book., its The Saint John's Bible. Never heard of it? Here is what you need to know: The Saint John's Bible is the first completely handwritten and hand illuminated Bible to have been commissioned by a Benedictine Abbey since the invention of the printing press in 1440. This bible has been over 40 years in the making, the first ideas having been tossed around in 1970. The actual bible project did not receive funding until 1998, but soon after, the thirteen year, eight million dollar project was started. The idea was brought up by Donald Jackson, Queen Elizabeth II's official scribe; in 1970, he confessed his lifelong dream of creating and illuminating one of the first handwritten bibles since Gutenberg. He set his mind to do it, and thirteen years later, he did. In 1998, Saint John's Abbey and University in Collegeville, Minnesota commissioned Mr. Jackson to create the Saint John's Bible. Comprising of seven volumes, the Saint John's Bible stands two feet by three feet when completely open, consists of 1,127 pages, with a total weight of 165 pounds. Some have described this work of art, "the calligraphers Sistine Chapel".

The work itself was created using traditional and nontraditional methods and materials. Hand-ground pigments, Chinese stick ink, goose and turkey quills, and calf-skin vellum were all used in the composition of the Bible. Along with those, computers were used to size the text and define line breaks. The pages were laid out in full size spreads with sketches in their precise places. The artistic illuminations scattered throughout the book, according to the stories are made from precious minerals and stones such as lapis lazuli, vermilion, malachite, silver, platinum, and 24-karat gold leaf.

There is also a special edition of the Bible that has been released. The Heritage Edition of the Bible has 299 copies and is the exact same size as the original manuscript. Each volume of the Heritage Edition is signed by the chief scribe and illuminator, Donald Jackson. It includes an eighth volume that consists



of notes and commentaries about the some of the illuminations and the historical context of the Saint John's Bible. Concordia is in possession of one of these editions and will be displaying two of the seven volumes of the Saint John's Bible, in the library, through the Heritage Program, and all seven volumes will be displayed for one month of the year. Various church services, speakers, and other resources will also be available to illuminate the Bible and its incredible pages.

The purpose for such a historical work of art? "At the dawn of the 21st century, Saint John's Abbey and University seeks to ignite the spiritual imagination of believers throughout the world by commissioning a work of art that illuminates the Word of God for a new millennium." If you aren't so interested, just think; when is the next time you will be able to see such a work of art, no less one in your school, worth eight million dollars? For more information, please visit www.saintjohnsbible.org

Racism or Abuse of Power?

Either way, America needs to change.

By Seth Wehrs

Everyone remembers their first day of college. The hustle of moving in, meeting new roommates, and getting to know the campus are just a few of the best parts of the day. However, one young man will never get to know what that is like. That young man is Michael Brown. At 12:01 PM on August 9th, just two days before he was going to start college, Michael was shot to death by a police officer in Ferguson, Missouri.

This, not unlike the Los Angeles events of August 11th, 1965, has set off riots and gained national attention from the media. However, the story that the media is presenting is still unclear as stories surrounding the shooting continue to conflict. On one side, it is said that Michael and a friend were just walking down the street when they were verbally harassed by an officer. The officer, sitting in his car, then grabbed Michael by the neck and tried to pull him towards the interior of the car as Michael struggled to get away. The officer then shot Michael, who took off running. After going about twenty feet, Michael stopped, turned, and raised his hands in surrender and to show that he was unarmed. The officer continued to shoot, and Michael was killed.

The story from the police investigation is much different. According to their investigation, the officer tried to exit his car and Brown shoved him back in, physically assaulted him, and tried to take his firearm. The only thing that both sides agree on is that Michael Brown was completely unarmed.

With the controversial nature of the events and the conflicting stories told by witnesses and police, it is no surprise that this has rocked our nation and has led to people everywhere taking sides. Even here at Concordia there are many different opinions as to the cause of the events and what actually transpired. One of the most popular opinions is that this is an issue of racism.

"Whether it was Brown's family's intention or not, he has become a symbol for all black people who have been unfairly targeted, profiled, harmed, and killed by the police," said senior Elizabeth Coats. "If this makes you uncomfortable, if it screams 'race-bait', please keep in mind that there are individuals of African descent who are even more uncomfortable walking in their own neighborhood with the fear of being targeted. That's all Mike Brown was doing, walking down the streets. And he was shot six times."

For some, this raised even bigger, more personal concerns. "When I first heard about what was going on in Ferguson I was shocked. It hurt me to see this happening again to another young African American male. Once again a family is left without their son and I'm left asking if one day I could be a mother crying in the streets because my child was killed by the cops or he was killed because another person wanted to kill him based on the color of his skin," was the response given by ASC, who wished to remain anonymous.

On the other hand, some think that this is an entirely different issue altogether. Instead of being an issue of racism, it stems from another issue that our nation has faced in the past: police abusing their position of power. According to sophomore Micah Niebuhr "Things like this happen all the time, the only reason it's 'big news' is because one person mentioned race. If it was branded as 'a cop shot an unarmed suspect', nobody would care. It's a case of media over exposure. I see it as a bad cop doing his job wrong."

Regardless of where anyone stands on this issue, it is important to remember the words of Dr. Martin Luther King Jr.: "We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love. There is some good in the worst of us and some evil in the best of us."

If You Need Help...

The New Counseling Services for Concordia

By Katrina Bell

You may be wondering where you can go if you need professional help, someone to listen or talk to, or even someone to check up on your mental health. There are counseling services at Concordia available to you. Dean of Students, Jason Rahn, was thrilled to fill us in on information about these services.

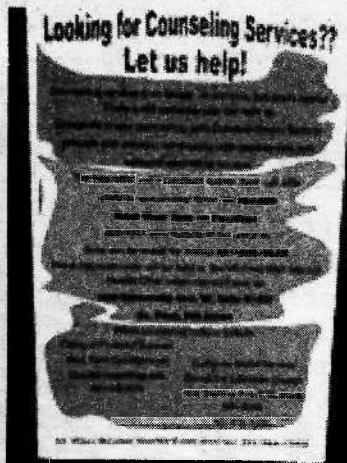
Many may know that Concordia formerly provided certain types of in-house physical and mental health services. This past summer, these services were outsourced because of the Federal Affordable Health Care act, which requires that all Americans have health insurance. Indeed, we've all heard about this, but how does it affect Concordia?

Well, this government insurance requirement allows students to, if desired, receive consistent care from a specialist who attends to their needs. Thus, the mental health services were outsourced to the Working Well Mental Health Clinic, a service of Good Will Easter Seals Minnesota, which now provides professional, on-campus, mental health education and consultation. The Working Well Mental Health Clinic states in their clinic philosophy that they are, "a service of the Good Will Easter Seals Minnesota, a 90-year-old non-profit organization that assists individuals. The clinic offers accessible, affordable, rehabilitative mental health services to those who have been misinformed about the effectiveness of solution-focused therapies in combination with appropriate medical intervention. The Clinic's multicultural team embraces diversity and welcomes individuals of all cultural and

socioeconomic backgrounds." This program offers many different services and a diversified perspective on psychology, family therapy, clinical social work, and psychiatry. They are associated with most major health plans, serving adolescents and adults, 15 years old and older.

You may see wellness being promoted around campus throughout the year, as well. This will all be due to Sara Mulso: the new head of office who is taking on the full time role of University Education and Risk Manager. She will be the one bringing an educational-based, preventative approach of wellness to everyone at Concordia. She will be in charge of the annually supported de-stress weeks, K9 connections, and flu clinics. If students have any prior relationships with counselors or mental health physicians, they are encouraged to continue those connections. For students who do not currently have a healthcare provider, you can schedule an appointment with Working Well Mental Health Clinic at 651-603-9540, or they are available in the Winglet Student life Center room 310 during their student accessible walk in hours each Tuesday from 11:00

a.m. to 1:00 p.m. If you don't know where this is, it is located on the third floor of the Student Life Center, just above the dining hall. Their residence of business is located at 1821 University Ave. W Suite N-187 St. Paul, MN 55104, their regular office hours being between 8 a.m. to 5 p.m. In any case of emergency situations, please call 911 or the 24 hour Ramsey County Crisis Hotline at 651-266-7900.



Get Ready, Set, Hut

Concordia Football is back in action

By Tony Kohanek



School is back in session, the leaves will begin to change colors shortly, and everybody from middle school-on-up knows what that means, football is starting up! And nowhere are students, players, and coaches more excited to see the blue and gold get back out onto the field than at Concordia University St. Paul. The team has been on a roll of im-

provement after acquiring defensive coordinator Todd Strop last year, after taking a year off of coaching after three years at University of Minnesota Duluth. This year the team is looking to best last year's record of 5-7, which was an improvement over the previous season's record of 2-9.

This year the coaching staff has another new addition to the coaching staff, this time to the offensive side of the ball, Offensive coordinator, Mike Shafer from rival NSIC school, Northern State. During his three years there, he coached six All-NSIC offensive linemen. This should help to compliment what defensive coordinator Todd Strop has been trying to do for the program on the defensive side. This year's recruiting class is going to need to step up along with the returning players to fill in the holes that were left by the students who left, especially defensive lineman Zach Moore, who was drafted by the Patriots. Replacing him, or more what he brought to the team, is going to be hard. It will take a team effort to if at all replace the numbers he brought and the impact he had. There's also a new quarterback, Corey Cole, who won the starting job this year. He will need to step up and make the big plays as our team fights for a conference title. This year is going to be a year to watch, so come out and support your Golden Bear football team!

Concordia Golden Bear Volleyball

A New Beginning, Same Goal.

By Tony Kohanek

Last year, Concordia University Golden Bear's volleyball team took home a record setting seventh national championship going down to Cedar Rapids, Iowa to beat BYU Hawaii in three sets to win its seventh consecutive national title. Now

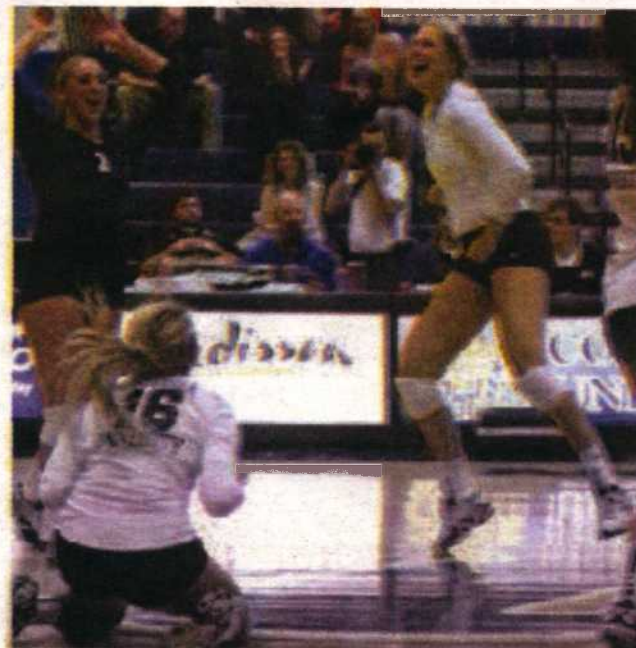
there are some new questions for the reigning champs; Can Head Coach Brady Starkey keep the train rolling after setting such a huge record? Will the new freshman coming in be able to help fill the shoes of the four seniors who graduated last year? There are a lot of questions that will hopefully be answered this year.

The Volleyball team opened up its season with a tournament at home where the team faced Wheeling Jesuits, Southwest Minnesota State University, and Tampa. However, the real story took place before the tournament; the girls were hard at work, being back into the gym not one month after the season ended. Despite the fact that coaches were not allowed to hold practice that soon. Yet that did not stop the girls from getting back into the swing of things and getting ready for when preseason officially starts.

After the loss of last year's seniors, the team will need to step up to fill in the shoes that those players left behind. The team has three new freshmen coming in, libero Alex Duxbury, outside hitter Brooklyn Lewis, and outside hitter Mariya Sampson. New setter Kasey Williams will be getting some more playing time, as she will be replacing recently graduated Amanda Konetchy. Coach Starkey is very

impressed at how quickly the freshmen are adapting quickly to the higher pace up at the division II level compared to down at the high school level. Very good to see from the new freshmen considering that filling the shoes of the former seniors can be very hard to do. Coach Starkey is thinking more of spreading it around the team having everybody step up to keep the efficiency up in the same realm as last season.

Going forward this season, Starkey really doesn't plan to change much considering everything he has done the past few seasons has turned out well. He will make sure the girls know it is not about the wins or losses; it is about the mentality and trying to find the team's identity as well as making sure the girl's hearts are in it.



From DII to the NFL

By Karina Schlecht

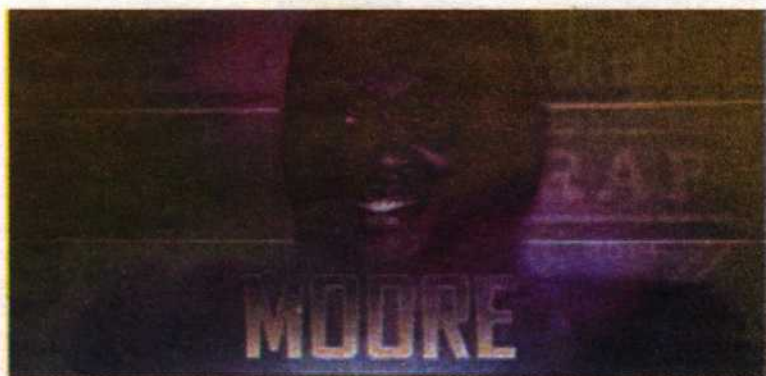
If you would have said the name Zach Moore a few years ago, many people on campus would not have known anything about him. However, things changed when Moore became the first player in Concordia's history to be invited to participate at the National Football League Scouting Combine last spring, and it all went uphill from there. Moore said that some of the most exciting days of his life were in May of 2014 when he graduated from Concordia University - Saint Paul with a criminal justice degree on Friday, was drafted to the Patriots on Saturday, and showed up in New England on Sunday to start his next stage of life as an NFL player. The odds were stacked against Moore coming from a small Division II school and trying to get his name and film out there without the television attention that many larger school and Division I athletes receive, but he continued to work hard and keep faith in what he believed in. It was an uphill battle, one that included moving away from his school and his team after his sophomore season and returning better than ever for a strong season his senior year, ultimately leading to an invitation to the NFL Combine and a sixth round draft pick.

Moore has now been with the Patriots for over twelve weeks and loving every minute of it. He says that every day has been a highlight as he learns to be more professional and gathers info from the pros in how they approach the game and how he can make the team better. The level of competition has defi-



nitely been raised to a whole new level - a professional level. It's not something Moore feels like he could have ever been truly prepared for because "it's not like college; it's professional, it's a business."

This transition from college to business is one that Moore feels he is still maneuvering: learning his way around the locker room, getting to know the others on the team, proving he can compete at this new professional level. He says it's "pretty cool being on the same team as hall-of-famers," but he feels welcomed as part of the Patriots Organization. Moore says it feels like a family, nobody acts like they're better than anybody else and everyone takes their job seriously, but jokes around in the locker room. While he feels like a part of the team, Moore knows he is still a rookie with a lot to learn, so he continues to work hard every day and do what the coaches ask so he can be part of this team for years to come. As he goes into his first game as a pro football player, Moore knows he has to stay focused, learn what he can from the veterans, and continue to grow as a professional and as a person. We are proud to have Zach Moore represent Concordia on the big stage, and we wish him the best of luck as he starts his first season! Go Patriots!



It's GOOOOOOOD

CU Soccer has begun

By Tony Kohanek

The international sport of soccer may not be very big in the United States but on the campus of Concordia University, we all love our women's soccer team. Even though a lot of the attention is focused on volleyball and football, the CU soccer girls really work hard and play hard for their team. This year they plan to keep it up in



search for a conference championship and possibly more. After losing five seniors to graduation, the new recruitment class of five new players will have to help by stepping up, along with the returning group to fill the roles that the seniors left open when they graduated. Thankfully, no one transferred leaving more positions open to be filled. Player retention for this soccer team is very high. These girls want to play. Looks like there are going to be some players battling over some spots such as the starting Target Forward. Alahna Anderson and one of the new freshman recruits are both pushing for that spot. Anderson especially, after recovering from a torn ACL, wants more than anything to get back out on the field and show what she can do.

Playing in the NSIC conference is very tough, with all the great soccer programs. The team will need to maintain their focus and keep the drive up as they take one game at a time in hopes of landing a spot in the NSIC conference tournament. The team also welcomes a new graduate assistant, Nicole Dooher, to the program to help out the rest of the coaching staff. The team is very excited to get back and have a very good two weeks of preseason. The team is also ready to have its home opener soon, so if you can make it to that game be sure to check them out. They need the support just like football and volleyball.

Do you like to Write? Are you in Photography or Design?

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				9		7	3	
			6		4		1	3
		2						
4	9		7				2	
5					2			7
1		9		8			4	
		6	1					



Art Spotlight

Heidi Hrbek

By Jade Kolbo

When she started school her Freshmen year, Concordia Senior Heidi Hrbek was leaning toward a music or biology major, but that all changed when she took her first art classes and fell in love with them. Her favorite class of all time, Color Theory, is when she says that art started making sense to her.

With a talent for art and a passion for photography, Hrbek has many options for the future. As a Community Art Major with an eye for creating stunning photography, she finds art to be relaxing and healing. In her own words, "Art is important to me because it sets your mind free. It takes you to a different world where you can learn, be creative and express yourself. I believe that art can be very healing. It's relaxing to me to work on an art project or to be in the darkroom developing photographs."

Self-expression is a big part of Hrbek's Senior project. Her family's annual Black Hills trip inspired her theme. Her photos are dedicated to her late grandfather who started the family tradition of

traveling to the Black Hills. She goes to South Dakota every Summer.

Even though the project's reception was on August 25th, the photos from Hrbek's Senior project will be up in the Buetow until September 12th. Although she has an appreciation for all types of art, but her favorites are photography and ceramics. Her interest in many art types is what helped her choose her major of Community Arts. "I chose Community Arts because you can take all different kinds of art classes with this major, not just focusing on one type of medium. I got to take two Ceramics courses... and I'll also get to take painting, graphic design, mixed media... I chose Photography as a minor, because it is my favorite art medium."

She is uncertain what the future holds after she graduates in May, but someday she wants to start her own photography business or work at an art center. Somehow, she wants to use her art to make the world a better place. One thing is for sure — wherever she goes, some form of art is sure to follow.

The Fault in Our Stars

By Tara Rupiper

Before *The Fault in Our Stars* became a movie adaptation, it was originally a novel by the popular author, John Green. This book in particular has caught the hearts of many people, and who wouldn't fall for a book that captures the essence of love at its purest form? Just like the novel, the movie follows a girl, Hazel Grace Lancaster (Shailene Woodley), who is living with a terminal thyroid cancer, and a spectacularly charming boy, Augustus Waters (Ansel Elgort), who has a different type of cancer that has already claimed part of his leg. The couple meets at a support group for people who have cancer. From there, they are inseparable.

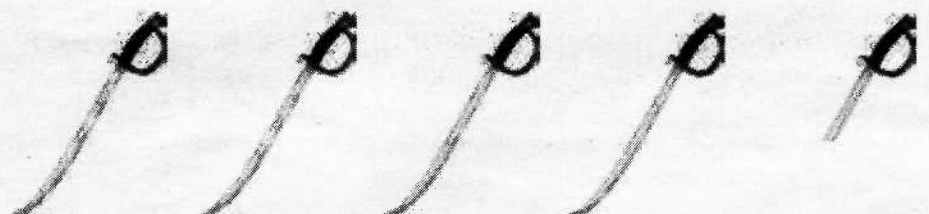
When Hazel shares her favorite book with Augustus, he immediately sees why she loves it so much and decides to email the author, Peter Van Houten (Willem Defoe), which Hazel has done before with no reply. Augustus surprises Hazel with a reply from her favorite author and an invite to come to Amsterdam where the author has been in seclusion for several years. However, right before they are set to leave for Amsterdam, Hazel becomes very sick. The doctors don't want her to make the trip, but Hazel is a fighter. With a little work, her mother was able to make arrangements for the three of them to fly to Amsterdam together.

The trip isn't what either of them imagined or predicted. When the meeting with their favorite author doesn't go as expected, Hazel becomes upset and furious at the man who had written all the beautiful



words she had spent hours absorbing. But the trip isn't a complete waste of time because Hazel and Augustus get to experience an amazing night at a romantic restaurant and also a visit Anne Frank's Museum. On top of the horrible meeting with Van Houten, Augustus tells Hazel some bad news about his health that will change their relationship and make their bond even stronger. Together, they find what it means to love even if their bodies are trying to keep them apart.

Having loved the novel, I was very excited to see this movie. I had high expectations because I knew the complexities of the book. I was worried that the beautiful writing wasn't going to be portrayed well. But I am excited to report that the movie was a beautiful interpretation of the novel. Fans will not be disappointed. The actors, Shailene Woodley and Ansel Elgort, have great chemistry. I personally think that Elgort stole the entire movie. He was a perfect Augustus Waters. Overall, this movie is worth a watch! I am going to give this movie 4.5 swords for its amazing story and the way the characters were able to capture everyone's hearts. It isn't just a chick flick; it is a movie that everyone can enjoy. Just remember to bring a box of tissues along with you!





Music Spotlight

Maria Markman

By Andrea Timm

Maria Markman is a second year student here at Concordia pursuing a degree in English with an emphasis on Creative Writing. She has also been taking various theology classes, as well as theater/music courses. Maria has been actively involved in music since she was young. She participated in her church's choir and took part in music related activities throughout elementary school. During her time as a growing musician, Maria states that her music teacher "really pushed [her], getting [her] excited about music." Maria continued her musical career throughout her middle school years, actively involving herself in choir and community theater productions. Her interest in theatre sparked when she was in fourth grade and the Prairie Fire and Missoula Theater Companies visited her town. The productions performed by these companies would rehearse for one week, and hold performances on the following weekend.

When Maria was in eighth grade, a touring outreach company, Young Americans, came to her town and held workshops for music and theatre students. Besides learning various songs and dances, Maria says the company strived to "not only improve our skills but our self-confidence as well." During this time, she began to explore her soloing abilities. The company returned when she was in eleventh grade. This

time, she decided to audition for the group. Markman states, "[I] didn't tell anyone, I figured I would NEVER make it. I did!" But the decision of joining the Young Americans meant postponing her collegiate career. After high school, Maria packed her bags and joined the theater company in Corona, California. During her four years with the Young Americans, Maria toured and taught students in Germany, Japan, Hong Kong, England, Ireland, Scotland, Poland, Latvia, Lithuania, and throughout the United States.

Maria became interested in Concordia after one of her close friends shared her positive experiences in the department. "I liked the fact that I didn't have to major in theatre to be involved," she says. She immediately became involved in the arts, playing a lead role in the musical *The Drowsy Chaperone* and participated in Spring Into Dance. This year, Maria is a part of the Christus Choir and is also playing a supporting character role in the musical, *The Mystery of Edwin Drood*, showing October 23-26.

Maria is especially looking forward to the rest of the theatre season. She is eager for the "exciting challenge" that Christus choir will hold for her this coming year, and is hopeful for her remaining time here at Concordia, in the class and on the stage.

Northbound Smokehouse

Local Brews, Smoked Meats, and a Relaxed Atmosphere

By Trenton Burns

I first heard about Northbound Smokehouse through the praises of one of my friends in South Minneapolis. Given the close location of this Pub and Eatery to their house, it was often their first suggestion when plotting out the evening's battle plan. This writer is fairly stubborn when it comes to accommodating other human beings, so it took some time before finally caving and giving Northbound a try. It was the right choice.

Northbound is one of many new restaurants to sprout up during the Renaissance of Craft and Micro Brewing here in the Twin Cities, carving out its own little spot in the Powderhorn Neighborhood. During the warmer months, it offers ample patio seating, but I have chosen to enjoy the low key and inviting atmosphere inside for each of my visits. As a beer enthusiast, my eyes always look for the tap list whenever I enter a new drinking hole, and Northbound rightly advertises their offerings on a big chalkboard right at the door as well as one next to all of the brewing equipment in the back.

During my most recent visit, the tap list included their own in house brews from their Year Round Selection to a handful of Seasonal choices, as well as a rotation of popular local drinks from Surly to Steel Toe. I elected to start the evening with a pint of their Smokehouse Porter, accurately described as having a "smoky complexity." Though I do enjoy a good IPA (from light hops to hop monsters), Porters are a nice and welcome diversion from the IPA craze that continues to dominate the world of microbrews. I asked the waiter to direct me towards their most popular item off the menu to pair with my Porter and she suggested the 18-Hour Porketta (a flavorful pork roast originating from Italy).

Northbound's take on the Italian dish joins the smoked pork with melted swiss cheese and sautéed onions on a golden egg bun. The

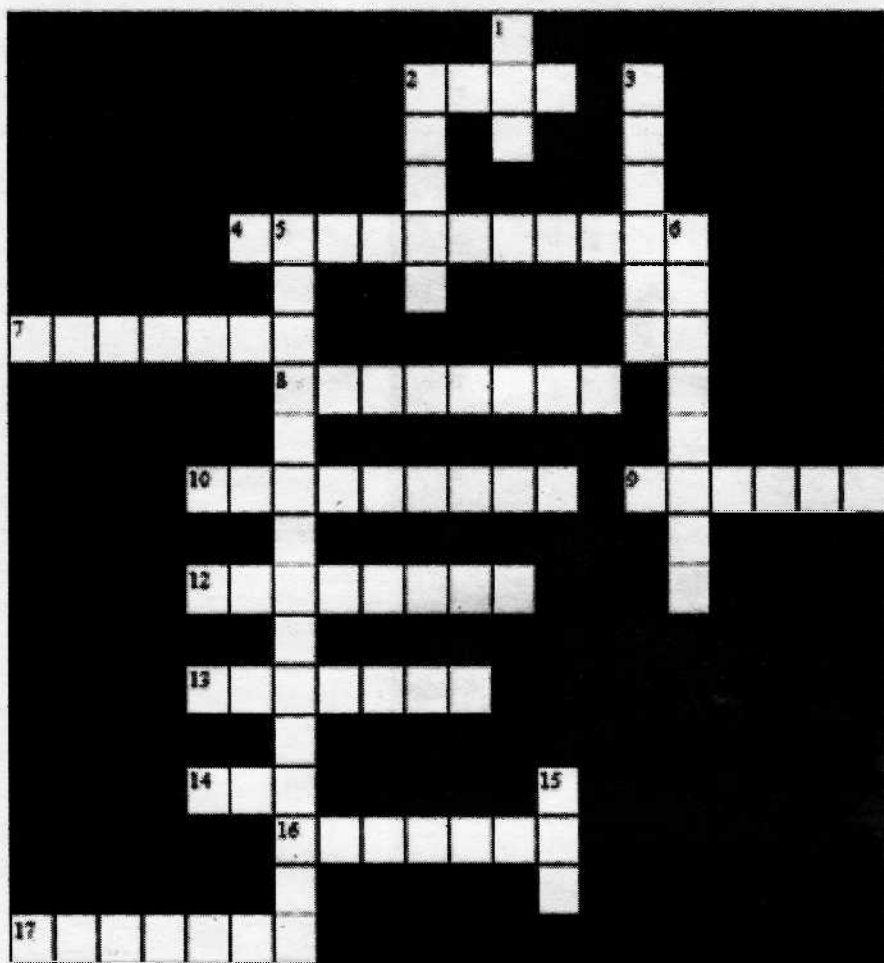


smoked pork and the smoky notes in the Porter were a dynamite combination for the taste buds. This was only one dish off a menu with many options. If the rest of the foodstuffs were as good as this sandwich, you would be doing yourself a "flavor-favor" by heading on over to Northbound Smokehouse, where good drinks, good food, and a good atmosphere all come together. I would give Northbound 5 out of 5 Golden Bears.

Northbound Smokehouse is just West of Hiawatha Ave @ 2716 East 38th Street, Minneapolis, MN 55406 | 612-208-1450. Visit www.northboundbrewpub.com for Hours of Operation

Summer Fun Word Search

By Tara Rupiper

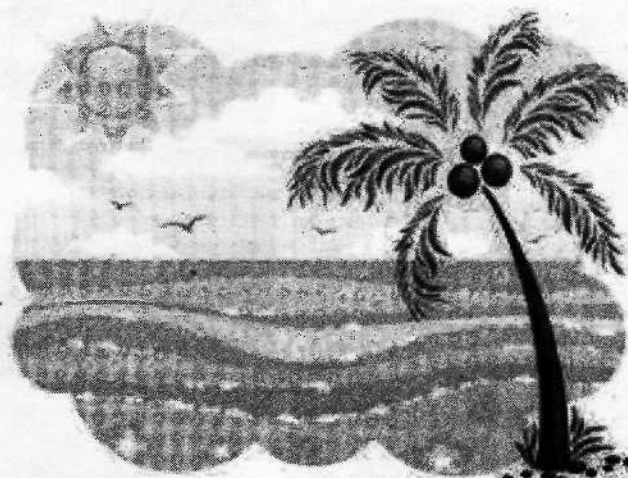


Across

2. Something you might read for fun
4. Structure made of sand
7. Summer activities might be cancelled from bad...
8. You cook s'mors over this
9. Healthy summertime transportation
10. Helps prevent sunburn
12. Might fall off in the water if not tight enough
13. You get to party with these
14. Might burn you
16. Summertime drink
17. Riding waves and trying to avoid sharks

Down

1. You might hate going to this but you can earn money!
2. Popular summer spot with sun and sand
3. A long walk, usually in nature
5. Keeps the house cool in the heat of summer
6. The longest day of summer
15. Head covering



Theater Spotlight

Bethany Meyer (Brandvold)

By Rebecca Hickey

Since she was very young, Bethany Meyer (Brandvold) has been a performer. Now in her sixth year of college, her skills as an actress have come a long way. Meyer was originally a Theatre and Music major at Minnesota State University - Moorhead, which is where she learned about various aspects of theatre, including acting, lighting, and costume design. Meyer is now a Christian Ministries major at Concordia, and is earning a double certification as both a Director of Christian Ministries and a Director of Christian Outreach.

Although it is no longer her major, Meyer is still very interested and involved in theater and performance. She has been involved with four shows at Concordia as a chorus member in *Pippin*, *Bonnemort* in *Germinal*, a dancer in *Spring into Dance*, and a Stage manager for *Disturbed by the Wind*. Though her roles have been broad, her favourite was as a chorus member in *Pippin*.

Meyer's favourite thing about Concordia's theater program is the people. "The professors and Staff in the CSP's theater program are just phenomenal," she says. "You can tell they love be-

ing here and love teaching us and shaping us into better actors and better people." She also enjoys watching theater, and says that the best shows she has seen are *Urinetown* and *The Drowsy Chaperone*.

But even though she loves theater, Bethany Meyer is not limited to one form of artistic expression or performance. As a woman of many talents, she is also involved in music and dance. She loves being involved in many methods of performance and believes that her gifts "have played off one another and helped [her] to improve in all areas." She enjoys the music and choreography in musicals as much as the acting.

For Meyer, acting isn't all about being seen or recognised, but it is more about the journey and the experience. "I love being creative and getting the chance to see life and different situations through the eye of a character," she explains. "There is an element of being a different person as you bring a character to life. I love being able to create a personality based off of who I think and who the director of the show see the character to be, and of course, I love being around all the people involved with theater. It is a great community that I love being creative with."

September Comic

By Andrew Toelle



Back to School Word Search

By Tara Rupiper

Concordia	Loans	Pens	Books	Notebooks	Quizzes	Coffee	Netflix
Work	Pencils	Students	Dorm Room	Tests	Assignments	Roommates	
Professors	Social Media	Laptop	Friends	Papers	Sleep	Lectures	

I	d	s	w	l	e	c	s	n	e	n	k	p	p	n	l	t	m	f
t	a	d	x	s	e	s	c	o	n	c	o	r	d	i	a	s	f	r
a	d	a	i	d	e	m	l	a	i	c	o	s	o	x	r	s	s	
e	p	o	t	p	a	l	r	e	d	f	l	t	p	w	i	e	e	u
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m	e	o	o	f	o	a	r	d	m	s	u	i	b	e	s	u	o	
s	o	z	f	b	r	c	o	f	f	e	e	t	l	n	n	r	q	k
u	s	s	s	s	t	n	e	m	n	g	i	s	s	a	o	o	b	s

